



# THE PRIDE *of* MOUNTAIN VIEW 5.10

## CONTENTS

Principal's Corner	1
PTA President's Message	2
Upcoming Events	2-3
PTA News	3-4
Foundation Update	4
General Information	4-5
Fifth Grade Committee News	5-6
Health & Safety Committee News	6-7
Character Education	7
School Menu	8-10

## CALENDAR

### May 4:

Kindergarten Roundup

### May 6:

Dominos Pizza Night

### May 7:

Chick fil-A biscuits for sale before school, benefiting Relay for Life

### May 12:

K-2 Field Day

### May 14:

3-5 Field Day

### May 20:

Chick-fil-A night, benefiting 5<sup>th</sup> grade, Sprayberry Chick fil-A

### May 21:

5<sup>th</sup> Grade awards and Graduation ceremony, 8:15 a.m.

### May 21:

Last Day of School

### May 25:

Memorial Day

## PRINCIPAL'S CORNER



Dear Parents,

As we close out the 2009-2010 school year, I would like to thank you for your continued support and time that you have freely given our students and staff members. My hat goes off to our PTA Executive Board for all the endless hours of work they have put in this year and also to our various committee chairs for their tireless work. Secondly, I would like to thank the Mountain View Foundation Executive Board for working diligently to fund our full-time computer lab teacher. Lastly, my thanks goes to our students for remaining focused and achieving great strides throughout the year.

At the end of the school year, we will lose some staff members due to moving or to pursue other personal and professional goals. We wish them the best in their future endeavors. In an upcoming edition of *The Pride of Mountain View*, I will list those who will join the Mountain View family.

I would like to end this month's entry with the "Thoughtful Thirty" from Hal Urban, author of *Positive Words, Powerful Results, Simple Ways to Honor, Affirm, and Celebrate Life*. Over the years, Mr. Urban interviewed teenagers, adults, college students, teachers, and his personal friends and asked them, "What are the types of things we can say that make other people and ourselves feel good?" Listed below are the results of his interviews:

1. Give Encouragement.
2. Express thanks.
3. Acknowledge others.
4. Extend greetings.
5. Give a compliment.
6. Congratulate someone.
7. Teach, give instructions.
8. Offer words of comfort.
9. Inspire others.
10. Celebrate and cheer.
11. Inquire, express interest.
12. Mend relationships.
13. Make others laugh.
14. Show faith and trust.
15. Share good news.
16. Praise, honor, build up.
17. Express caring.
18. Show understanding & empathy.
19. Give approval.
20. Extend an invitation.
21. Show courtesy and respect.
22. Give advice and counsel.
23. Apologize.
24. Forgive.
25. Offer to help.
26. Tell the truth.
27. Point out the good.
28. Use terms of affection.
29. Provide valuable information.
30. Communicate love.

During May and the summer months, share something thoughtful with persons whom you meet! You may find that this might become one of your daily habits. Have a great May with us at Mountain View and enjoy your summer with your children, family, and friends. I'll see you in July for Sneak-a-Peek!

**Angela Huff**  
*principal*

## PTA PRESIDENTS' MESSAGE

Dear Mountain View Families:

We cannot believe that the last month of school is upon us! We have truly enjoyed serving our school and its families this year. As the year comes to an end, we want to make sure that everyone knows how much we appreciate all the support we received throughout the year. There are not enough words, time or space to thank the many PTA volunteers for all the hard work they performed to make Mountain View the great school and community it is. This really is a great school with special families who make a difference in the lives of our students.

Additionally, we want to thank the administration and entire staff for the continued support of the PTA and its programs. We are lucky to have Mrs. Huff, Mrs. Smith and Mr. Cohen leading a fantastic group of teachers and staff educating our children. In these tough economic times and in light of budget uncertainty, we want the teachers and staff to know that we support them and appreciate the jobs they do.

Finally, we want to thank the all the PTA committee chairs for a great year. We especially owe the rest of our executive committee much gratitude for all the hard work and dedication to our team – Beth Dowell, Amy Noden, Teresa Johnson, Debbie D'Aurelio and Tamerine Flatt. Each of these people unselfishly contributed significant time and made serving as co-presidents for the PTA executive committee easier than we certainly thought it could be. Thanks ladies!

By the time you read this, a new executive committee will have been elected. You may even see some of the same faces. We ask that you continue to show the generous support to the new board that you showed us this year.

Best Regards!  
Susan Bain and Joann McClure  
PTA co-presidents

## UPCOMING EVENTS

### Calendar

- May 4: Kindergarten Roundup
- May 6: Dominos Pizza Night
- May 7: Chick fil-A biscuits for sale before school, benefiting Relay for Life
- May 12: K-2 Field Day
- May 14: 3-5 Field Day
- May 20: Chick-fil-A night, benefiting fifth-grade class, Sprayberry Chick fil-A
- May 21: Fifth-Grade awards and Graduation ceremony, 8:15 a.m.
- May 21: Last Day of School
- May 25: Memorial Day

### Husky Baseball Camp Offered in June

A summer baseball camp will be held June 14-17 at Pope High School. For more information, contact Coach Joseph Rowland at [joseph.rowland@cobbk12.org](mailto:joseph.rowland@cobbk12.org) or 770-578-7925.

**Two Basketball Camps offered at Pope**

Pope High School will host three sessions of Boys' Basketball Camps: June 7 to 10; June 28 to July 1; and July 19 to 22. For details, contact Coach Pat Abney at [Patrick.abney@cobbk12.org](mailto:Patrick.abney@cobbk12.org) or 770-578-7920.

**Pope High School presents *Aladdin***

Pope High School will feature the beloved musical, *Aladdin* at 7 p.m. on May 6, 7, 13, 14, and 15, in the Pope auditorium. People of all ages will be entertained as students act, sing, and dance their way through the streets of Agrabah! Ticket prices are \$5 students, \$10 adults, and VIP tickets (first five rows, center stage) are \$15. To experience the flavor of Agrabah, drop by J. Christopher's on Johnson Ferry road through May 15 and order an Aladdin Latte. Your receipt allows \$1 off your ticket. Tickets may be purchased at the door the day of each show. Go to [www.popetheater.org](http://www.popetheater.org) to view casting, directions, and additional information for the show. Questions can be emailed to [popetheater@gmail.com](mailto:popetheater@gmail.com)

**Husky 101 Camp Offered to Rising Sixth-Graders**

Just a few slots remain for each of the one-day Husky 101 Camp Sessions June 7, 14, and 21 from 9 a.m. to 3:30 p.m. So, hurry now and sign up your child to participate in this opportunity to develop organization strategies for middle school success, learn to open a locker, understand the summer reading requirements, meet some teachers, find Connections classrooms, the media center and the cafeterias, as well as to eliminate some of those first-day-of-middle school jitters! Download the registration form at [http://www.huskyfoundation.org/2010\\_husky\\_101\\_summer\\_camp](http://www.huskyfoundation.org/2010_husky_101_summer_camp), attach \$25 payment, and deliver to the school soon.

**Pope Cheer Mini Camps start in May**

Pope Cheerleading Association will offer two camps for rising kindergarten through fifth-grade students. This camp is open to all, regardless of high school district.

The sessions are 9 a.m. to noon May 24 to 27; and 9 a.m. to 12:30 p.m. July 28 to 30. The camp is held in the Pope High gymnasium and teaches fundamentals of cheerleading, such as dance, cheer chant, simple stunts and jumps. For more information or to register, visit [www.popecheerleading.com](http://www.popecheerleading.com).

**PTA NEWS****Stop Arm Initiative**

To everyone who signed the online petition or simply followed the "Stop Arm" initiative, thank you. To our wonderful Georgia State House Representative Don Parson's, an enormous thank you for prioritizing this issue for his community. The "cameras on buses" legislation did not pass, for no other reason than we started too late and ran out of time. In Georgia, there is a 40-day legislative session and unfortunately, we began mid-way. However, we are fully prepared to file again in January. Our School Board Representative David Banks backs us on this measure, along with the School District leadership and Rep. Parsons, who has committed to file the legislation early next session. He said the support in the House was strong but, again, we approached him too late. In the meantime, there is strong media interest in this issue. Mountain View parents Mandi Call and Sherri Lewis and Mtn. View's PTA Legislative Committee Chair JoEllen Smith were interviewed by local Atlanta news outlets and even appeared on NBC's national *Today* show!

### PTA Officers Elected for Upcoming School Year

During the PTA General Meeting held April 29 in the school cafeteria, the following people were elected to the 2010-2011 PTA Executive Committee:

Susan Bain and Joann McClure, co-presidents  
 Beth Dowell and Amy Noden, co-vice presidents  
 Teresa Johnson, treasurer  
 Susan Tucker, secretary

A special thank you goes out to Houston's Restaurant and Jason and Carrie Barker for providing dessert during the PTA General Meeting. Your help is much appreciated!

### FOUNDATION UPDATE

As we conclude the school year, I'd like to thank the 150-plus families, teachers, staff, and friends who supported the Foundation this year. Your support will allow us to continue to provide funding for our computer lab teacher. I also want to thank this year's Foundation board: Karen Lehman, Cathy Strobeck, Jill Cody, Michael French, Tommy Conner, Lucinda Stinson, Amy Fitzharris, JoEllen Smith, and Angela Huff. They have worked hard to make sure the Foundation is focused and continues to grow. I appreciate their support and time committed during the year.

Looking forward, we are still searching for volunteers for our 2010-2011 board. This is a great opportunity to impact the education and experience of every Mountain View student. Board positions typically require three to four hours per month. We also need a secretary for the upcoming year. If interested, please contact me at [bwolfert@mac.com](mailto:bwolfert@mac.com).

I will remain president next year and have learned a lot over this past year. We are looking at ways to make the Foundation stronger, more effective, and strategic. Some changes will be noticeable and others more subtle. In either case, please know that all of us serving on the board are committed to strengthening the Foundation and enhancing the experience of every student.

Lastly, we always accept and appreciate your donations. You can also get the latest information on the foundation website at [www.mtnviewfoundation.org](http://www.mtnviewfoundation.org). Have a great summer!

Barry Wolfert  
*Foundation president*

### GENERAL INFORMATION

#### Gratitude Goes to Lion's Den Volunteers

It's been a great year at Mountain View's Lion's Den! The store's success is due to the great number of volunteers who dedicated their time and efforts. The list is a long one, and we appreciate each and every one of these many volunteers. (And, our apologies if we missed someone.) A huge thank you to:

Revital Arazi	Debbie Clark	Michelle Hicks	Stan Joseph
Susan Bain	Jill Cody	Jenna Hildebrand	Nancy Kight
Jeannine Brock	Paige Conner	Emmanuel Horton	Lori Lanser
Christine Brunson	Julie Davis	Carol and Eugene	Ginger LePage
Deirdre Butti	Chuck Dillehay	Howard	Pamela Milton
Preeti Chakole	Rita Edwards	Liz Hubbard	Nina Nikolova
Heidi Chisholm	Tamerine Flatt	Debbie Isenbletter	Amy Noden

Jeannie Northrop  
Julie Orrell  
Lisa Reed

Diana Roache  
Beth Ronckowski  
Amanda Sedliak

Susan Soll  
Jennifer Sternberg  
Sharon Troisi

Sandra Vazquez  
Jenni West

We look forward to opening the store up in August!  
Amy Fitzharris and Jay Wilson  
Lion's Den co-chairs

### **Don't Have a Cow: Have a Chicken!**

Enjoy a break from cooking and go to the Sprayberry Chick fil-A night on Thursday, May 20. Don't forget to identify yourself as a Mountain View family when placing your drive-through order. When dining in, please mention your Mountain View affiliation, and then drop your receipt in the red or black box at the counter. This is a fun event for children of all ages. Chick fil-A offers face painting, balloons, clowns, and a chance to meet the star of their advertising – the Chick-Fil-A Cow.

## **FIFTH-GRADE COMMITTEE NEWS**

### **Outdoor Classroom Ready for Use**

The outdoor classroom, the fifth-grade class's legacy to the school, is finished and ready for the teachers to take their students outside, study in the sun, perform a skit on the stage, or have lunch at the picnic tables. The outdoor classroom is located on the fifth-grade playground to the right of the soccer goal, up the hill in the wooded area. The fifth-grade teachers, students, and volunteers had a ribbon-cutting ceremony the morning of April 28 to officially open the outdoor classroom.

This project would not have been possible without the support and input from the fifth-grade teachers, Ms. Isaac, Ms. Osborne, Mrs. Reardon, Mrs. Stippich, and Mrs. Weiss; and from the administration and office staff. We would also like to give a special thanks to the following families who assisted this project with their generous donations: Buckman, Chisholm, Crabtree, DeLucca, Dillehay, Fitzharris, Glunn, Helms, Hicks, Kavanaugh, Kopf, Lehman, Marcus, Marino, Markanda, Peng, Quintet, Scherr, Smallwood, Soll, Tucker, Tung/Murley, Uras, Webb, and one anonymous donation. Alex Brunson & Mike Makurat, the architect and contractor on this project, have put in many long hours to complete the outdoor classroom. They received donations of gift cards and equipment from the Home Depot on Shallowford Road to help them save time and money on materials and labor. The fifth-grade committee appreciates all of their efforts to ensure this project is a success.

### **Fifth-Grade Graduation Coming May 21**

Parents of fifth graders: Do you remember when these children boarded the bus for the first day of kindergarten? Please come and celebrate with your fifth-grade student as they graduate from Mountain View Elementary on May 21, 8:15 a.m., in the cafeteria. This special event will include fifth-grade awards, certificates, and a slide show commemorating our rising sixth-graders. Fifth-grade students should wear their best clothing.

All fifth-grade parents are invited the graduation ceremony. Immediately after, parents and students are invited to attend a reception in the cafeteria. After the reception, the students will change into casual clothes and will continue with a DJ and fun outside. Parents will need to bring home their child's dress clothes as no backpacks are allowed on the bus that day. The day will conclude with a special class video and the "final" walk through the hallways of Mountain View.

Parent volunteers are needed to help serve lunch and to monitor playground activities. Parents can stay all day or leave after the graduation and return later for the final walk through the halls. Contact Rebecca Helms if you can help at [tphelms@comcast.net](mailto:tphelms@comcast.net).

### **Spring Fling a Success**

The first Mountain View spring fling was held on Friday, April 23, to celebrate the end of CRCT testing and to give the parents and students a chance to spend time outdoors together. The fifth-grade committee would like to thank the following vendors who have helped make our food sales a success at this event: Chick fil-A, Domino's, Jersey Mike's, Kroger's and TCBY. And as always, a special thanks goes out to our parent volunteers for all of their time and effort.

### **Students Jumped at Pump-it-Up**

The fifth-grade committee held their last event of the school year at Pump-It-Up event Friday, April 30. This was the final fifth-grade only event held off the school grounds.

### **Don't Have a Cow: Have a Chicken!**

Enjoy a break from cooking and go to the Sprayberry Chick fil-A night on Thursday, May 20. Don't forget to identify yourself as a Mountain View family when placing your drive-through order. When dining in, please mention your Mountain View affiliation, and then drop your receipt in the red or black box at the counter. This is a fun event for children of all ages.

Chick fil-A offers face painting, balloons, clowns, and a chance to meet the star of their advertising – the Chick-Fil-A Cow. The fifth-grade committee would like to thank parent Jeannie Northrup for coordinating the promotion of this event during the school year.

## **HEALTH & SAFETY COMMITTEE NEWS**

### **Health and Safety News**

As we draw to the close of the school year I have a few reminders:

1. Please remember to pick up any unused medication that is kept in the clinic. This includes daily medication, allergy and asthma medication, and medications such as Tylenol, ibuprophen, or cold medicine. Nothing can be kept in the clinic for next year.
2. This summer, please pick up any allergy, asthma, or other med forms and have them filled out by your health-care provider over to be ready for next year. We cannot use from this school year in August.
3. Health Care Plans can be picked up for the summer break. Please re-read carefully. If no changes are made, please sign and date at the beginning of the school year or make any changes and initial changes.

This has been a wonderful year and I truly enjoy working with your children and look forward to next year. Don't hesitate to call if you have any questions. Have a wonderful summer break.

Kathy Jacoutot, RN, BSN  
School nurse

### **Make Sunscreen a Necessity**

With all the cold, snowy days of winter behind us and the warm, lazy days of summer just around the corner, it's time to think about using sunscreen daily. We all know the higher the sun protection factor (SPF) number, the greater protection from the ultraviolet rays. However, after you reach and SPF 30, the protection is about the same as a higher SPF number. Fair-skinned people should always wear an SPF of at least 30. People with darker complexions can still burn and suffer from

sun damage, even they should wear at least and SPF of 15. It is important to apply sunscreen 15 minutes before going outside. This allows the lotion to be absorbed by your skin. Remember to always reapply your sunscreen, especially after going in the water. Shake your sunscreen well before applying since some particles may clump up and make sunscreen less effectively. Also, always check the date on your sunscreen since some ingredients may degrade over time. The American Cancer Society says to, "Slip Slop Slap." This means slip on a shirt, slop on some sunscreen, and slap on a hat before spending time in the sun. Wherever you find yourself this summer, be sure to take your sunscreen with you.

### Healthy Helpings

#### *Marinated Chicken Tenders in Slow Cooker*

3 lbs. chicken tenders

15 oz. bottle fat-free Italian salad dressing

1 Tbsp. canola oil

2 1/2 cups flour

1/4 tsp. salt

1/2 tsp. Lawry's Seasoned Salt

Rinse chicken, and pat dry. Cut chicken tenders into 1-inch square pieces, and place them in a 9 x 13 pan. Pour Italian dressing over meat, and marinate for at least three hours. Place flour and seasonings in sturdy plastic bag. Add one-third of the cubed chicken. Toss until coated. Remove chicken (reserve flour mixture). Brown in canola oil, in skillet. Remove chicken with a slotted spoon. Place in slow cooker. Repeat last two steps with remaining chicken. Cover. Cook on low for two to three hours. Serve with brown rice and vegetables. (from *Fix-It and Forget-It Lightly* cookbook)

## CHARACTER EDUCATION STUDENTS OF THE MONTH

### March – COMMITMENT

#### Kindergarten

Quan	Farah
Sam	Cox
Anna	Hallberg
Matthew	Ducey
Jeeho	Cook
Meliana	Shildneck
Virginia	Cooper, W.
Quan	Farah

#### 2nd grade

Cole	Lang
Diego	Beaver
Taryn	Bergeron
Victoria	Bolek
Charlie	Babbit
Rebecca	Holton
Ross	Edwards
Cole	Lang

#### 4th grade

Alyssa	Cooper, H.
Kennedy	Gilormo
Danae	Kindel
Hope	Roland
Jackie	Handell
Grant	Wykes

#### 1<sup>st</sup> grade

Ximena	Spooner
Cole	Sheffield
Carlos	Wolsh
Sarah	Fiala
Benji	O'Connor
Lily	Cushman
Madison	Kobar
Julia	Montejo

#### 3<sup>rd</sup> grade

Kirk	Tinley
Lukas	Kanwisher
Alexa	Dore
Rosie	Walworth
Joey	Stone
Olivia	Simpson
Ali	Paon
Noel	Steele

#### 5<sup>th</sup> grade

Katherine	Isaac
Allison	Weiss
Katie	Osborne
Anna	Stippich
Michael	Reardon

## CAFETERIA MENU

As the end of the year approaches, here are a few reminders:

Balances will rollover to next school year. If your child moves up to middle school, attends another Cobb County School, or stays here, the balance will rollover. Please have all charges paid off by May 14. There will be ***no charging the last week of school***. Any negative balances not paid will also rollover to the start of next school year. When making payments, make sure your child's name is written on the check. If paying with cash, write the student's first and last name on the envelope. Payments should be brought to the cafeteria in the morning and put in the gray box outside the kitchen door.

**Mealpayplus.com** is an online tool to view and pay your child's account. It charges a fee of 4.75 percent per transaction to make a credit card payment. However, once you register, you can monitor your child's account and setup a low-balance e-mail reminder for free.

Rising sixth-graders must have their student ID number to access their 2010-2011 middle school lunch account. It is the same number used in the media center to log into the computer.

My staff and I would like to thank you for a wonderful year. It has been a pleasure serving your children. Have a great, safe summer.

Jennifer Baust  
cafeteria manager

### Café Tips & Tidbits

Did you know? We serve fresh fruits and vegetables daily from farms in Georgia and bordering states. This past month, Georgia-grown broccoli, cucumbers and sweet Vidalia onions were featured in school cafeterias across the county. We are excited about the opportunity to highlight Georgia-grown products and their nutritional benefits. The local farm suppliers were South Georgia Produce in Lake Park and Bland Farms in Glennville. Look each month for a new product to be featured in the Café News, "Did you know?", article.

May 3-7 2010	MOUNTAIN VIEW ELEMENTARY LUNCH MENU			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>
Chicken Filet on Bun Or Grilled Chicken	Sloppy Joe Sandwich	Tacos Beef and Cheese	Teriyaki Chicken Nuggets With Stir Fry Rice & W.W. Breadstick	Soup and Sandwich
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Pasta w/Meat Sauce White wheat Breadstick	Big Daddy's Pizza Cheese/pepp.	Baked Breaded Chicken w/cornbread	Hamb/Cheeseburger	Crispy Chicken Nuggets With Roll
<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>
Green beans Baby Carrots Pineapple Tidbits Fresh Fruit of Season Cinnamon Apples	Glazed carrots Corn Applesauce Fresh Fruit in Season Fruit Fiesta	Sweet Potato Souffle Diced Tomato/Lett Pears Fresh Fruit in Season Juice Bar	CA Blend w/ cheese French Fries Peaches Fresh Fruit in Season Cookie	Mashed Potatoes Tossed Green Salad Mandarin Oranges Fresh Fruit in Season Juice Bar
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
(V)Caesar Chicken Strip Salad w/ W.W. Breadstick	Yogurt Fruit Plate With Elf Grahams	Asian Chicken/ Asian Veg Salad w/multigrn. roll	Taco Salad Veg Taco Salad	Tuna Salad w/ Roll Veg. Chef Salad
<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>
Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice

May 10-14, 2010	MOUNTAIN VIEW ELEMENTARY LUNCH MENU			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>
Ravioli Casserole With Breadstick	Cheese Stuffed Breadstick w/ marinara	Whole Grain Chicken Corn Dog	Big Daddy's Pizza Pepp Or Cheese	Shrimp Poppers with (V) Macaroni & Cheese With Cornbread
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Egg & Cheese Omelet Sweet Pot. Cin. Pancakes	Ham and Cheese Sub With Pasta Salad	Chicken Soft Taco Cheese Taco	Baked Potato with Beef/cheese and Roll	BBQ Pork Sand.
<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>
Tater tots Caesar Side Salad Mandarin Oranges Fresh Fruit of Season Baked Georgia Peaches	Corn Baby Carrots Applesauce Fresh Fruit of Season Fruit Medley	Baked Breaded Okra Baked Beans Peaches Fresh Fruit of Season Juice Bar	Broccoli with Cheese Tossed Green Salad Tropical Fruit Salad Fresh Fruit of Season Low Fat Brownie	Green Beans Veggie Dippers Fruit Cocktail Fresh Fruit in Season Fruit Fiesta
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Greek/ Veg Greek Salad With Breadstick	Chicken Tender Salad With Multigrain Roll	Chef Salad) or Veg. Chef Salad with WW Crackers	Santa Fe Salad (v) With Multigrain Roll	Power Pack Veg. Power Pack
<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>
Side Dish/Dessert Items (from Above)	Side Dish/Dessert Items (from Above)	Side Dish/Dessert Items (from Above)	Side Dish/Dessert Items (from Above)	Side Dish/Dessert Items (from Above)
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
Milk/ 100% juice Choice	Milk/ 100% juice Choice	Milk/ 100% juice Choice	Milk/ 100% juice Choice	Milk/ 100% juice Choice

May 17-21 2010	MOUNTAIN VIEW ELEMENTARY LUNCH MENU			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>	<b>CHOICE OF ENTRÉE</b>
Chicken Filet on Bun Or Grilled Chicken	Soup & Sandwich	Big Daddy's Pizza Cheese/pepp.	Ham/Cheeseburger	Ham and Cheese On bun
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
Pasta w/Meat Sauce White wheat Breadstick	Crispy Chicken Nuggets With Bread	Teriyaki Chicken Nuggets With Rice & Breadstick	PB&J Sand. With Cheese Stick	PB&J Sand. With Cheese Stick
<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>(May Choose up to 3)</b>	<b>May Choose up to 3)</b>
Green beans Baby Carrots Pineapple Tidbits Fresh Fruit of Season	Mashed Potatoes Tossed Green Salad Mandarin oranges Fresh Fruit in Season	Various Fruits And Vegetables	Baby Carrots Fresh Fruit Applesauce cup Goldfish Crackers	Baby Carrots Fresh Fruit Applesauce cup Goldfish Crackers
Fiesta or Juice Bar	Cookie	Various Desserts	OR Teddy Grahams	OR Teddy Grahams
<b>OR</b>	<b>OR</b>	<b>OR</b>		
(V)Caesar Chicken Strip Salad w/ W.W. Breadstick	Tuna Salad or Veg. Chef Salad w/ roll	Yogurt Fruit Plate With Elf Grahams		
<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>	<b>WITH CHOICE OF ONE</b>		
Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)	Dessert of the Day OR Side Dish (from Above)		
<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>	<b>AND</b>
Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice	Milk/ 100% Juice Choice