

HOME OF THE
MOUNTAIN LIONS

A PUBLICATION OF THE MOUNTAIN VIEW ELEMENTARY PTA

THE PRIDE OF MOUNTAIN VIEW

May 2009



Principal's Corner

Dear Parents,

Thank you for your constant support of Mountain View Elementary and the investments you make in your children's lives. We are grateful that we have such supportive parents, whom are willing to help in so many ways. We have a great opportunity once again to make a difference in our children's lives with this spring's fundraiser, the Boosterthon Fun Run.

We will kick off the Boosterthon Fun Run on April 28. Please look for your child's pledge book and informational DVD on how you can help. Please watch the D.R.E.A.M. Big DVD to hear about this great program, and also visit www.funrun.com.

The Boosterthon Fun Run is an interactive, community-based program and promotes three specific values: Fitness, Education, and Character. Students are challenged to get 10 pledges for the laps they will run on May 6. Students will run for 30 minutes and average 25-35 laps with a "lap cap" of 35.

The Boosterthon Fun Run is for every student, regardless of financial giving. All students receive an all-star T-shirt, and we invite parents to come to out to share this great event with them!

Our goal is to raise \$40,000 for technology, and we will keep 52 percent of the money collected.

We ask you to help Mountain View Elementary in the following four ways:

1. Please help connect your child to potential sponsors, and help them acquire pledges from family, friends and contacts.
2. Ask your child about the "D.R.E.A.M. Big" character trait they learn daily at school during the Boosterthon Fun Run program.
3. Please come to the May 6 Boosterthon Fun Run, and don't forget to invite others to attend our fun community event.
4. Help us promote thankfulness in our community by encouraging students to thank their sponsors for their support of our school.

Thank you again for being such a wonderful group of parents!

Angela M. Huff
Principal



Mountain Lion News

PTA President's Message

Dear Mountain View Families,

The thought of writing my last President's message is bittersweet. Since my daughters are moving up to Hightower Trail Middle School, I am not only finishing my term as PTA President, but we are ending our time as a Mountain View family.

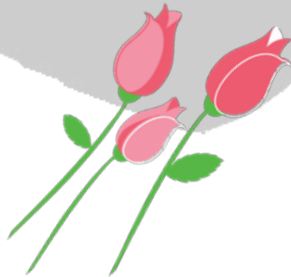
My deepest appreciation goes to Ms. Huff, Ms. Smith, the teachers and staff at Mountain View for their support of our PTA.

I want to say a special thank you to Kim Dillehay, JoEllen Smith, Katherine Green, Christi Trombetti and Susan Bain for serving on the PTA Board. These amazing women gave countless hours of their time this year for the benefit of the children at Mountain View, and it was a delight to work with them.

Please join me in congratulating our new Mountain View PTA Officers. They are, Co-Presidents Susan Bain and Joann McClure; Co-Vice Presidents Beth Dowell and Amy Noden; Secretary Debbie D'Aurelio; and Treasurer Teresa Johnson.

This has truly been a rewarding year - thank you!

Margaret Franklin Gawryszewski
President, Mountain View PTA



Mountain Lion News



Calendar of Events



- May 1: Chick fil-A biscuits for sale before school.
- May 5: Kindergarten Roundup.
- May 6: Fun Run to benefit Mountain View's technology fund and the Mountain View Foundation.
- May 8: School Cleanup Day.
- May 13: Kindergarten through second-grades Field Day.
- May 15: Chick fil-A biscuits for sale before school.
- May 15: PTA board meeting, 10 a.m., Media Center. All welcome.
- May 15: Third through fifth-grades Field Day.
- May 19: Simpson Middle School Spirit Night, 6:30 p.m., Simpson Middle School.
- May 21: End-of-Year Celebrations, all classrooms.
- May 22: Fifth-Grade Awards.
- May 22: Last Day of School.



Students to Spruce up School Grounds

On Friday, May 8, Mountain View will have a during-school cleanup day. Students and teachers will use recess time (or another time slot) to complete small but significant outdoor cleanup tasks around campus. Last year, students and teachers spruced up the campus for the school's 80-year celebration. With the entire student body involved, small individual efforts make a big impact. More information will come home soon.

Pope Junior Cheerleading Tryouts Coming Soon

Pope Junior Cheerleading tryouts for rising sixth-graders will be held from 5 to 6:30 p.m. the week of May 4-7. For more information and registration forms, please visit the Pope Junior Cheerleading web-site at www.popejrcheer.com or e-mail us at popejrcheer@hotmail.com.

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Pope Cheerleading Association Hosts Mini-Camps

A cheerleading camp for elementary-aged will be held in Pope High School Gymnasium from 9 a.m. to noon May 26 to 29 and from 8:30 a.m. to 12:30 p.m. Aug. 5 to 7.

This camp is available to rising Kindergarteners through fifth graders. Activities will include the fundamentals of cheerleading suitable for each age group. The participants will learn a short dance, cheer, chant, simple stunting and various jumps. Tumbling coaches may be on hand one day for instruction appropriate to age and skill level. For more information please contact Sharon at 678-560-5603 or e-mail shadersh@aol.com. You may also download a registration form at www.popehs.typepad.com/popecheer.

USTA Elementary Tennis League Starting in Fall

Harrison Tennis Center, the United States Tennis Association (USTA) and area elementary schools will form a new league for the fall season. Elementary school-aged children, who are rising second, third, fourth, and fifth graders at Addison, Mountain View, Murdock and Shallowford Falls elementary schools, can participate in this tennis league and compete against one another in the name of school spirit. This USTA Jr. Team Tennis program will have teams for all levels of players: from those who have never picked up a racquet to players who spend weekends traveling to tournaments and everyone in between. For more information and to register, go to www.FallTennis.com. You may also contact Susan Chambers at tennis@susanchambers.com and 770-509-1516; or Faith Hoople at fhoople@hotmail.com and 678-232-8746.

Simpson Spirit Night Coming May 19

Rising sixth-grade students will have the opportunity to learn about student life at Simpson Middle School and get information about the clubs or organizations that interest them. During Simpson Spirit Night, 6:30 p.m. May 19, students will head to the gymnasium where a Simpson student leader will escort them to various activities. At the same time, parents will attend a parents-only meeting in the Simpson Theater. This event is for rising Simpson sixth-graders and parents only.

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Pope High School Offers Boys Summer Basketball Camps

Boys interested in playing basketball will have the opportunity to attend Basketball Camp this summer at Pope High School. Three sessions will be held: 9 a.m. to noon June 1-4 for ages 7 to 15; 9 a.m. to 4 p.m. June 22-25 for ages 8 to 15; and 9 a.m. to 4 p.m. July 20-23 for ages 8 to 15.

For more information, call or e-mail Pope High School Basketball Coach Pat Abney at 770-578-7920 or Patrick.Abney@cobbk12.org. You may also download and print out these applications: ([download here](#)).

Kids Fitness Camp Kicks Off in June

Fit-n-Fun for Kids at the East Cobb Park will be offered Monday, Wednesday, and Fridays at 8:30 a.m., starting June 1. This program costs \$35 per week, for a two-week minimum. It is lead by a physical education teacher at nearby Rocky Mountain Elementary School. This children's fitness program coincides with a boot camp for moms, also offered separately at the park. For more information, visit www.bootcampinthepark.org or Contact Kim Aquino at 678-984-4417.

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PTA News

PTA Board Says Thanks

The PTA Board would like to thank the following people:

- Becky Reiss Pappalardo – for coordinating our Original Artworks Fundraiser
- Maureen Armstrong – for helping our students create such special artwork for the Original Artworks Fundraiser
- Paige Conner and the Parent and Family Involvement Committee – for hosting our final Family Night of the year
- Gillian Hicks and Jay Wilson – for coordinating our Student Banking Days
- Traci Scherr, newsletter editor, and Gabriella Schwartz, newsletter web designer – for their hard work throughout the year and for taking us on-line!
- To our hard-working and dedicated committee chairs – Dell Tandy, Jim DeBetta, Shayna Peiken, Amy Noden, Lisa Link, Faith Hoople, Jennifer Clemens, Jenni West, Kara Segal, Lisa Williamson, Connie Blankowski, Lucy Crabtree, Laurie Dirksen, Lisa Kubes, Jen-i DeBetta, Lynne Cherrington, Cheryl Loprinzo, Denise Marino, Jeannine Brock, Tammy Minear, Traci Scherr, Joann McClure, Paige Conner, Gillian Hicks, Jay Wilson, Pam Johnson, Caelie Rucker, Sarah Coffey, Kelly Kraff, Beth Dowell, Allyson Eman and Caren Fox
- To the many parent volunteers who worked on committees or in the classroom

Other Volunteers Appreciated

The parent/family involvement committee would like to thank everyone who came out to the Family Game Night on April 30. Everyone enjoyed the games, ice cream and special entertainment. The night was a huge success. A special thank you goes out to everyone who helped organized and volunteer this wonderful night at Mountain View.

Additionally, the Teacher/Staff Appreciation Committee thanks all the volunteers who helped with various activities this school year. We could not have done it without you!

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Foundation Update

Donations Still Needed

The Mountain View Foundation still needs your donations in order to reach its goal of \$33,000 this year. A small percentage of families have donated money toward our Foundation. We are asking for a \$110 per family, but any amount will help us keep our computer lab staffed.

The Foundation is setting up an online payment program, but until it is in place, donations may be sent to school with your child in a sealed envelope, addressed to the Mountain View Foundation.

The Foundation complements the PTA and Administration: We're all working toward the same goal of supporting academic excellence!

For more information about the Mountain View Foundation or for questions, please e-mail Lynne Cherrington, Foundation president at gcherrington@msn.com.

Thank you,

Lynne Cherrington
Foundation president

General Information

School Savings Program Canceled

We are sorry to inform you that the School Savings Program has ended at Mountain View. As you may know, Chase Bank purchased Washington Mutual Bank a few months ago. The bank discontinued the school savings programs in April. It has been wonderful seeing your children as they make their deposits, earn their prizes and watch their savings grow. We hope that you will continue the program with them. Their accounts will stay open at the bank.

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We can't thank our volunteers enough for their early-morning dedication to this program. Thanks to Debbie Isenbletter, Edwenna Morales-Rodriguez, Soo Tan, Jeannie Northrup, Kevin Keller, Kelly Hill and Sandra Strain for all of their help.

Keep Saving!

Gillian Hicks and Jay Wilson
Co-Chairs, School Savings Program

Fifth-Grade Committee News

Hello Parents,

We are finally wrapping up our fifth-grade activities: We only have graduation day left! Please watch for information that will come home regarding what the fifth graders should wear for the ceremony, bringing a change of play clothes for the rest of the day, and other information.

The fifth-grade class of 2008-2009 gift to the school was a clinic makeover. It is almost complete, so please stop by and visit it when you can. Parents with younger children will benefit from the upgrades in the coming school years.

Most importantly, we want to thank everyone who has contributed to our fundraising events and clinic makeover, including:

The Tallman family

Publix (near Mountain View)

Kroger's (near Mountain View)

Wal-mart (Johnson Ferry location)

Top Dog Hot Dog House (on Sandy Plains)

Williamson Bros. BBQ

Chick-fil-A (Sprayberry location)

Jersey Mikes (near Mountain View)

Sam's Club

Chip Swartz

Rita's Frozen Ice (across from Sprayberry High)

O-Charley's

Paradise Grill

Target

Behr Paint

Karly Pecoraro (artist & former Mt. View student)

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Several parents of fifth-grade students have made our fundraising efforts successful. They have turned out to plan, meet, coordinate, decorate, cookout, paint, stock the clinic with supplies, shop, print, photograph, chaperone, donate time and money, and much more! This also includes helping with the fifth-grade T-shirts, Fall Festival, two Pump it Up nights, two dances, and the clinic makeover.

Many hours of work have gone on to make our events successful. Our volunteers' work is not done as we are planning graduation-day activities, including the fifth-grade DVD. Volunteers are still needed for that day, so please contact me at lisawilliamson57@bellsouth.net if you can help.

Thanks for everything; it has been a wonderful year!

Lisa Williamson, chair, and the Fifth-Grade committee

Health and Safety Committee News

May is National Bike Month

Following are some bicycle safety tips for children:

Helmet Safety

- Cyclists of all ages should use a helmet that meets ANSI, Snell or ASTM standards, and are so labeled.
- Parents should not buy a helmet for the child to grow into. Choose a helmet that fits today.
- Follow all manufacturer directions.
- The helmet should fit snugly so it will not move around or come off the head in a fall. Chin straps should fit snugly. The helmet should be worn horizontally on the head and not tipped back. The front edge should be one inch above the eyebrows.
- Bicycle helmets are different from helmets used in team sports. Bicycle helmets are "single-impact" helmets. Replace a helmet if the cyclist has had an accident, has fallen off the bike or hit his or her head.

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Other Reasons for Replacing Helmets

- You see any visible signs of wear and tear inside or outside the helmet.
- Interior pads lose their cushioning effect.
- Your child grows out of the helmet.

General Bike Safety Tips

- Buy a bike that is the right size, not one to grow into. Your child should be able to place the back of his or her feet on the ground while seated.
- If your child's bike has a crossbar, he or she should be able to straddle it with their feet flat on the ground with an inch of clearance.
- If the bike has hand brakes, make sure the child can comfortably grasp the brakes and apply sufficient pressure to stop the bike.
- The bike should be equipped with front and rear reflectors, reflector patches on pedals and wheels, and a bell or horn.

Information from www.worldclassmedicine.com

Healthy Helpings Recipe of the Month

Broccoli Mac n' Cheese

1 1/2 cups dry, whole-grain elbow pasta
1 cup chopped broccoli
1/2 cup low fat milk
1/4 cup low sodium chicken broth
1 tablespoon all-purpose flour
1 cup shredded, reduced-fat cheddar cheese
1/2 cup American cheese

Cook pasta according to directions, adding broccoli during the last 2 minutes of cooking. Drain and return to pan; cover to keep warm. Meanwhile, whisk together milk, broth and flour. Cook and stir over medium heat until the mixture is thickened and bubbly. Mix cheeses into sauce, and cook just until melted. Toss pasta and broccoli with cheese sauce. Serves 4.
Recipe from Parents magazine, May 2009.

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CHARACTER ED STUDENTS OF THE MONTH March 2009 - Commitment

Grade	Name	Teacher
<u>Kindergarten</u>	Mikey	Farah
	Melody	Cox
	Kyle	Hallberg
	Julia	Ducey
	Zoe	Cook
	Sarah	Shildneck
	Anderson	Fagan
	Hannah	Cooper, W.
	<u>1st grade</u>	Matthew
Brooke		Walsh
Luke		Fiala
Alyssa		O'Connor
Ava		Cushman
Lindsey		Kobar
Elizabeth		Clatterbaugh
Avery		Spooner
<u>2nd grade</u>		Cody
	Santana	Bergeron
	Hudson	Bolek
	Chloe	Babbit
	Honor	Holton
	Ian	Montejo
	Matthew	Lang
	Caroline	Edwards
	<u>3rd grade</u>	Parker
Lacy		Walworth
Jackie		Stone
Rohan		Simpson
Sarah		Paon
Shaw		Steele
Jordan		Tinley
<u>4th grade</u>		Ansley
	Grace	Gilormo
	Anja	Kindel
	Samuel	Wykes
	Matthew	Stephens
<u>5th grade</u>	Madie	Reardon
	Richard	Isaac
	Abigail	Weiss
	Frances	McNutt
	Kierston	Stippich
Colby	Roland	

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Café News

Leftover Lunch Money To Roll Over

As the end of the year approaches, the cafeteria staff would like to give a few reminders regarding your lunch accounts. All remaining balances will rollover to the 2009-2010 school year. That includes students going to middle school, another Cobb County School, or staying here. All charges must be paid off by May 15. Charging will not be permitted during the last week of school. Any unpaid negative balances will also rollover to the start of next school year.

When making lunch payments, make sure your child's name is written on the check. When sending cash, write your child's first and last name on the envelope. Payments should be brought to the cafeteria in the morning and placed in the gray box outside the kitchen door.

Mealpayplus.com is an online tool to view and pay your child's account. Credit card payments may be made for a \$2 transaction fee. However, once registered, you can monitor your child's account and setup a low-balance e-mail reminder for free.

Rising sixth graders will need to know their student ID number to access their lunch account next school year. This is the same number used in the media center to log into the computer. So, if your student can memorize his or her ID, the lunch line will move faster on the first day of school.

My staff and I would like to thank you for a wonderful year. It has been a pleasure serving your children. Have a great, safe summer.

Jennifer Baust
Cafeteria manager

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CAFETERIA MENU

May 4-8 2009				
MOUNTAIN VIEW ELEMENTARY LUNCH MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF ENTRÉE Cheese Stuffed Breadstick With Marinara Sauce OR Ravioli Casserole With Whole Wheat Brdstk (May Choose up to 3) Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit of Season Cinnamon Apples OR (V) Caesar Chicken Strip Salad w/W.W. Breadstick WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Soup & Sandwich OR Crispy Chicken Nuggets With Roll (May Choose up to 3) Baked Beans Succotash Mandarin oranges Fresh Fruit in Season Banana Pudding OR Tuna Pasta Salad Or Veg. Chef Salad WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice	CHOICE OF ENTRÉE Teriyaki Chicken Nuggets With Stir Fry Rice & W.W. Breadstick OR Hamburger/ Cheeseburger (May Choose up to 3) French Fries Coleslaw Fruit Medley Fresh Fruit in Season Juice Bar OR Taco/Veg. Taco Salad WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Taco/Veg. Tacos Bean & Cheese OR Baked Breaded Chicken With Cornbread (May Choose up to 3) Corn Diced tomato w/lettuce Peaches Fresh Fruit in Season Cookie OR Asian Chicken Salad With Multigrain Roll (V) WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Chicken Pasta Bake With W.W. Breadstick OR Big Daddy's Pizza Cheese/pepp. (May Choose up to 3) Tossed Green Salad Veggie Dippers Applesauce Fresh Fruit in Season Fruit Fiesta OR Yogurt Fruit Plate With Elf Grahams WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice

May 11-15 2009				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF ENTRÉE Chicken Filet on Bun Or Grilled Chicken OR Egg & Cheese Omelet Sweet Pot. Cin. Pancakes (May Choose up to 3) Tater tots California Medley Mandarin Oranges Fresh Fruit of Season Chillin' Pears OR Chef / Veg Chef Salad With W.W. Crackers WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice	CHOICE OF ENTRÉE Pasta w/Meat Sauce Whole wheat Breadstick OR Ham and Cheese Sub With Baked Chips (May Choose up to 3) Caesar Salad Baby Carrots Rosy Applesauce Fresh Fruit of Season Fruit Medley OR Chicken Tender Salad With W.W. Breadstick WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice	CHOICE OF ENTRÉE Hot Dog on Bun OR Beef & Bean Burrito With Black beans & Rice (May Choose up to 3) Baked Breaded Okra Glazed Carrots Peaches Fresh Fruit of Season Juice Bar OR Greek Salad or Veg. Greek Salad with Multigrain Roll WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice	CHOICE OF ENTRÉE Big Daddy's Pizza Peppr. Or Cheese OR Baked Potato with Beef/cheese and Roll (May Choose up to 3) Broccoli with Cheese Tossed Green Salad Pears Fresh Fruit of Season Low Fat Brownie OR Santa Fe Salad (v) With Multigrain Roll WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice	CHOICE OF ENTRÉE Fish Sticks with (V) Macaroni & Cheese With Cornbread OR BBQ Chicken Sand. (May Choose up to 3) Green Beans Veggie Dippers Fruit Cocktail Fresh Fruit in Season Fruit Fiesta OR Power Pack Veg. Power Pack WITH CHOICE OF ONE Side Dish/Dessert Items (from Above) AND Milk Choice

Note: Market conditions, delivery and/or availability of food may require changes in menus. (V) Indicates Vegetarian

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Extra Food Prices	
Mayfield Ice Cream	\$.75
Bottled Water	\$.75
Chips	\$.50
Extra Side item	\$.60
Extra Student Entrée	\$1.25

LUNCH PRICES	Day	5 Day	20 lunches	90 lunches
Regular Lunch	1.60	8.00	32.00	144.00
Reduced Lunch	.40	2.00	8.00	36.00
Adult Lunch	2.50	12.50	50.00	225.00

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May 18-22 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF ENTRÉE Cheese Stuffed Breadstick With Marinara Sauce OR Ravioli Casserole With Whole Wheat Brdstk. (May Choose up to 3) Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit of Season Cinnamon Apples OR (V)Caesar Chicken Strip Salad w/ W.W. Breadstick WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Soup & Sandwich OR Crispy Chicken Nuggets With Roll (May Choose up to 3) Baked Beans Succotash Mandarin oranges Fresh Fruit in Season Banana Pudding OR Tuna Pasta Salad Or Veg. Chef Salad WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Teriyaki Chicken Nuggets With Stir Fry Rice & W.W. Breadstick OR Hamburger /Cheeseburger (May Choose up to 3) French Fries Coleslaw Fruit Medley Fresh Fruit in Season Juice Bar OR Taco /Veg Taco Salad WITH CHOICE OF ONE Dessert of the Day OR Side Dish (from Above) AND Milk Choice	CHOICE OF ENTRÉE Hamburger/ Cheeseburger OR Peanut Butter & Jelly Sand. With Cheese Stick (May Choose up to 3) Baby Carrots Apple Indv. Applesauce Goldfish crackers OR Teddy grahams AND Milk Choice	CHOICE OF ENTRÉE Ham and Cheese On bun OR Peanut Butter & Jelly Sandwich With Cheese Stick (May Choose up to 3) Baby Carrots Apple Indv. Applesauce Goldfish crackers OR Teddy grahams AND Milk Choice

Note: Market conditions, delivery and/or availability of food may require changes in menus. (V) Indicates Vegetarian

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Extra Food Prices

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Extra Student Entrée	\$1.25

LUNCH PRICES

	Day	5 Day	20 lunches	90 lunches
Regular Lunch	1.60	8.00	32.00	144.00
Reduced Lunch	.40	2.00	8.00	36.00
Adult Lunch	2.50	12.50	50.00	225.00